



Allergy Ready UK

TRAINING • SUPPORT • SAFER SPACES

Is your school allergy ready?

Use this checklist to see how prepared your school is to keep children with allergies safe, supported and included.



Why it matters

With new statutory allergy safety requirements in place (from July 2026), schools are expected to have clear policies, trained staff and robust procedures to manage allergies and anaphylaxis. This checklist helps you identify your strengths and spot any areas that need attention.



Policy & planning

- ☐ You have a clear, up-to-date allergy policy that is shared with all staff and families.
- ☐ The policy reflects the latest government guidance and statutory requirements.
- ☐ All staff know where to find the policy.



Staff training & confidence

- ☐ All staff have received allergy and anaphylaxis training (including recognising symptoms).
- ☐ Key staff know how to use adrenaline auto-injectors.
- ☐ You have a plan for ongoing refresher training.
- ☐ Staff feel confident and know what to do in an emergency.



Adrenaline auto-injectors

- ☐ You have a clear process for storage and access to adrenaline auto-injectors.
- ☐ Staff know where they are kept.
- ☐ Staff are trained in how to administer them.
- ☐ You check expiry dates regularly.



Individual Healthcare Plans (IHPs)

- ☐ All children with allergies have an up-to-date IHP.
- ☐ IHPs are shared with all relevant staff.
- ☐ Plans are reviewed regularly and when needs change.

Small changes can make a big difference.

If you're not sure where to start or would like to arrange training for your staff, get in touch.



allergyreadyuk@gmail.com

www.allergyreadyuk.co.uk



Food & environment

- ☐ You have a clear process for managing food allergies at mealtimes and snacks.
- ☐ You have a plan to reduce the risk of cross-contamination.
- ☐ All staff are aware of safe food handling and labelling.
- ☐ You have a system for managing allergens in classrooms and shared areas (e.g. cooking, crafts).



Emergency procedures

- ☐ You have a clear emergency action plan for allergic reactions and anaphylaxis.
- ☐ All staff know how to recognise the signs and symptoms of anaphylaxis.
- ☐ You have practiced emergency procedures (including calling 999).
- ☐ You keep an emergency kit accessible and well stocked.



Trips & activities

- ☐ You have a system to manage allergies on trips and off-site activities.
- ☐ Staff are briefed and know what to do in an emergency away from school.
- ☐ You have risk assessments in place for high-risk activities.



Communication & inclusion

- ☐ You communicate with parents/carers about allergy management and keep them informed.
- ☐ You ensure children with allergies feel safe, supported and included in all aspects of school life.
- ☐ You review and learn from incidents or near misses.

Because every child deserves to be safe.

